



# Building Faith and Finances

Module 2 Meeting – Disciplined Finances

# Introduction

- [If anyone missed the last meeting, briefly explain group participation, course flow, and purpose of the group meetings.]
- Module 2 is titled Disciplined Finances. This is the Module 2 meeting which has the same title – Disciplined Finances.

## Module 2: Disciplined Finances - Overview

- Reading: Chapters 2-4: Spend Less Than You Make, Aggressively Pay Off Debt, Save.
- 3 Personal Exploration Exercises: Financial Personality Inventory, Determining Your Financial Stage, Dealing with Debt.
- Meeting: Disciplined Finances

## Module 2: Disciplined Finances – Key Concepts Review

- Key Concept #5: Understanding your financial character helps you to maximize your strengths and minimize your weaknesses.
- Key Concept #6: Evaluating your net worth with faith gives God the opportunity to improve your situation.

## Module 2: Disciplined Finances – Key Concepts Review

- Key Concept #7: Eliminate bad debt with extreme vigilance, daily encouragement, and plentiful prayers.

## Meeting 2: Disciplined Finances

- **Icebreaker:** Majority Wins! On the left of the / write your answer. On the right of the / write the majority answer. Whoever matched the most majority answers wins!
- **Key Concept #8:** Having disciplined finances is the key to savings and generosity.

# Meeting 2: Disciplined Finances

- Opening Prayer
- Warmup Question: Would anyone like to briefly share something they got out of the personal exploration exercises?

## Meeting 2: Disciplined Finances

- Question 1: Have you ever felt powerless to improve your financial situation? What about it has made you feel powerless?
- Read text on pages 53-54 and Hebrews 12:11.



## Meeting 2: Disciplined Finances

- Question 2: What discretionary expense could you cut back on that would make a big difference in your personal finances?
- Question 3: What are some things you've done to stay motivated to control your spending? How has it worked for you?

# Meeting 2: Disciplined Finances

- From page 54 – read Psalm 37:21
- Question 4: Why do you think handling debt is a spiritual matter, and not just a practical matter?
- From page 54 – read Proverbs 13:11

## Meeting 2: Disciplined Finances

- Question 5: Why do you think the Bible talks about saving money little by little?
- Question 6: Is this scripture encouraging or discouraging for you? Why?
- Question 7: Why do you think is it important to save an emergency fund?

## Meeting 2: Disciplined Finances

- Read the Spiritual Conversation Starter - “How are you doing at spending less than you make?”

## Reminders for the Next Meeting

- The next meeting is titled “Shifting Your Mindset About Wealth” on [date & time].
- Read chapters 5-7 for the Module 3 meeting.
- Do the exercises in Module 3 for the next meeting.

# Thank You for Coming.

- See you next time!
- For free blog articles, book reviews, and resources, check out [www.faith-finances.com](http://www.faith-finances.com).

